# ALDEN MCS

### **ABOUT THE TEACHER**

Alden McShan was born and raised in Tuscaloosa. Alabama where she grew up training at The Dance Centre, the Alabama Ballet, and performed with the Tuscaloosa Community Dancers starting at the age of 8.

As a young dancer, Alden toured with the Radio City Christmas Spectacular performing the role of "Clara". She was the 2012 Tuscaloosa County Distinguished Young Woman and was granted the Druid Arts Award for Dance Artist of 2013. Alden pursued her dance training at the State University of New York at Purchase where she graduated Summa Cum Laude with a BFA in Dance Performance and a minor in Arts Management. Professionally, she has danced with project-based company CBGDance in New York City and toured with Odyssey Dance Theater in Utah for their "Thriller" production.

Alden is also the Artistic Director of Tuscaloosa Community Dancers, where she directs multiple dance performances annually.



## **GET IN TOUCH**

MRS. ALDEN

alden.mcshan@thedancecentre.net

### THE DANCE CENTRE

205-752-5354 welcome@thedancecentre.net

# Mrs. Alden's FAVO



FOOD: Pasta



COLOR: Green



MOVIE: The Blind Side



SEASON: Spring



SUBJECT: English



ACTIVITY: Baking

"Dance lessons are life lessons! Doing your best at this moment puts you in the best place for the next moment. Always give your 100% and remember that hard work beats talent if talent doesn't work hard. I can't wait to dance with you at TDC!"

